

# Mind Over Mountain Adventure Race

Ladysmith, BC, Canada

July 26, 2003

Beginner Course - 26km

Race #	First Name	Last Name	Team Name	City	Prov	Cat	Age	Kayak Stage	Trek Stage	Bike Stage	Finish	Penalty CP4	Penalty# 2	Penalty - Other	Total Time
385	Kim	Hurley	Hurlers	Victoria	BC	2F	29	0:43:28	0:51:26	1:22:54	2:57:48				2:57:48
385	Kirstin	Lane	Hurlers	Sidney	BC	2F	30	0:43:28	0:51:26	1:22:54	2:57:48				2:57:48
387	Marian	Hawkes	NOT the SNOT Sisters	Victoria	BC	2F	45	0:40:46	0:54:06	1:23:18	2:58:10				2:58:10
387	Trish	Fougner	NOT the SNOT Sisters	Victoria	B.C.	2F	39	0:40:46	0:54:06	1:23:18	2:58:10				2:58:10
374	Paul	Cormie	Double Trouble	Victoria	BC	2C	27	0:39:32	0:51:07	1:27:43	2:58:22				2:58:22
374	Jennifer	Brown	Double Trouble	Victoria	BC	2C	26	0:39:32	0:51:07	1:27:43	2:58:22				2:58:22
497	Shauna	Stratford	Hardly Angels	Whistler	BC	4F	25	0:45:44	0:52:20	1:22:10	3:00:14	0:05			3:05:14
497	Louise	MacDougall	Hardly Angels	Whistlor	BC	4F	27	0:45:44	0:52:20	1:22:10	3:00:14	0:05			3:05:14
497	Jill	Beauchamp	Hardly Angels	Whistler	BC	4F	27	0:45:44	0:52:20	1:22:10	3:00:14	0:05			3:05:14
497	Kristi	Yzerman	Hardly Angels	Whistlor	BC	4F	27	0:45:44	0:52:20	1:22:10	3:00:14	0:05			3:05:14
384	Maria	Devesa	Grubby Scrubby Couzies	Nanaimo	BC	2F	24	0:45:26	0:57:02	1:24:46	3:07:14				3:07:14
384	Rhonda	Percevault	Grubby Scrubby Couzies	Nanaimo	BC	2F	27	0:45:26	0:57:02	1:24:46	3:07:14				3:07:14
398	Tom	Lee	Eco-Challenged	Victoria	BC	2M	35	0:43:18	0:51:52	1:33:07	3:08:17				3:08:17
398	Doug	Caul	Eco-Challenged	Victoria	BC	2M	39	0:43:18	0:51:52	1:33:07	3:08:17				3:08:17
373	James	Walter	Descarados Monos	Cowichan Bay	BC	2C	21	0:39:10	0:59:49	1:31:33	3:10:32				3:10:32
373	Lisa	Relka	Descarados Monos	Cowichan Bay	BC	2C	24	0:39:10	0:59:49	1:31:33	3:10:32				3:10:32
369	Chris	Mussell	Tri-Hards	Vancouver	BC	2C	32	0:41:03	0:56:18	1:33:12	3:10:33				3:10:33
369	Helen	Johnson	Tri-Hards	Vancouver	BC	2C	29	0:41:03	0:56:18	1:33:12	3:10:33				3:10:33
371	Karen	Jenkins	Bean Brigade	Shawnigan Lake	BC	2C	34	0:41:14	0:54:49	1:34:31	3:10:34				3:10:34
371	Mark	Jenkins	Bean Brigade	Shawnigan Lake	BC	2C	32	0:41:14	0:54:49	1:34:31	3:10:34				3:10:34
372	Tara	Miller	Code Red	Courtenay	BC	2C	27	0:44:10	0:55:59	1:27:36	3:07:45	0:05			3:12:45
372	D'arcy	Mckenna	Code Red	Courtenay	BC	2C	32	0:44:10	0:55:59	1:27:36	3:07:45	0:05			3:12:45
492	Joanna	Crowe	Barn Slackers	Mill Bay	BC	4C		0:44:10	0:54:42	1:31:39	3:10:31	0:05			3:15:31
492	Colleen	Roberts	Barn Slackers	Shawnigan Lake	BC	4C	41	0:44:10	0:54:42	1:31:39	3:10:31	0:05			3:15:31
492	Dave	Ferguson	Barn Slackers	Campbell River	BC	4C	43	0:44:10	0:54:42	1:31:39	3:10:31	0:05			3:15:31
492	Fred	Swann	Barn Slackers	Duncan	BC	4C	50	0:44:10	0:54:42	1:31:39	3:10:31	0:05			3:15:31
379	Trevor	Baker	Our Name Was Taken	Vancouver	BC	2C	28	0:41:58	0:50:01	1:44:16	3:16:15				3:16:15
379	Meghan	Hunter	Our Name Was Taken	Vancouver	BC	2C	31	0:41:58	0:50:01	1:44:16	3:16:15				3:16:15
376	Luvana	McLean	Half-Cocked	Campbell River	BC	2C	28	0:38:59	0:59:11	1:38:33	3:16:43				3:16:43
376	Colin	Taberner	Half-Cocked	Campbell River	BC	2C	32	0:38:59	0:59:11	1:38:33	3:16:43				3:16:43
380	Kyle	Wight	Wight Trash	Victoria	BC	2C	16	0:43:00	0:54:39	1:34:48	3:12:27	0:05			3:17:27
380	Debi	Wight	Wight Trash	Victoria	BC	2C	46	0:43:00	0:54:39	1:34:48	3:12:27	0:05			3:17:27
494	Mitch	Wright	Where's the Beer	Ladysmith	BC	4C	29	0:39:04	0:55:46	1:46:08	3:20:58				3:20:58
494	Chad	Bastion	Where's the Beer	Ladysmith	BC	4C	24	0:39:04	0:55:46	1:46:08	3:20:58				3:20:58
494	Jennifer	Christenson	Where's the Beer	Ladysmith	BC	4C	22	0:39:04	0:55:46	1:46:08	3:20:58				3:20:58
494	Chris	Wood	Where's the Beer	Victoria	BC	4C	29	0:39:04	0:55:46	1:46:08	3:20:58				3:20:58
382	Joanne	Yates	BAGS	Cobble Hil	BC	2F	47	0:43:08	0:55:32	1:37:21	3:16:01	0:05			3:21:01
382	Nancy	Cornell	BAGS	Cobble Hill	BC	2F	50	0:43:08	0:55:32	1:37:21	3:16:01	0:05			3:21:01
377	Michelle	Chaney	Hari Huritau	Victoria	BC	2C	31	0:39:52	0:55:45	1:41:16	3:16:53	0:05			3:21:53
377	James	Chaney	Hari Huritau	Victoria	BC	2C	30	0:39:52	0:55:45	1:41:16	3:16:53	0:05			3:21:53
378	Kerry	Manton	Ouikhenmaaket	Ladysmith	BC	2C	37	0:39:49	0:51:26	1:21:47	2:53:02			0:30:00	3:23:02
378	Mary	Manton	Ouikhenmaaket	Ladysmith	BC	2C	38	0:39:49	0:51:26	1:21:47	2:53:02			0:30:00	3:23:02
392	Stephanie	Aldridge	Team Dirt Divas	Victoria	BC	2F	29	0:48:38	1:17:42	1:32:57	3:39:17				3:39:17
392	Michelle	Relf	Team Dirt Divas	Victoria	BC	2F	31	0:48:38	1:17:42	1:32:57	3:39:17				3:39:17

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499	Gabrielle	Eagles	Tiggers	Vancouver	BC	4F	26	0:44:23	1:06:07	1:49:58	3:40:28				3:40:28
499	Katrina	Bennett	Tiggers	Victoria	BC	4F	27	0:44:23	1:06:07	1:49:58	3:40:28				3:40:28
499	Robynn	Viksush	Tiggers			4F		0:44:23	1:06:07	1:49:58	3:40:28				3:40:28
499	Tera	Liley	Tiggers	North Vancouver	BC	4F	26	0:44:23	1:06:07	1:49:58	3:40:28				3:40:28
395	Stella	Harley	The Rookies	Vancouver	BC	2F	32	0:44:10	1:01:18	1:52:43	3:38:11	0:05			3:43:11
395	Ann	Van 't Riet	The Rookies	Vancouver	BC	2F	34	0:44:10	1:01:18	1:52:43	3:38:11	0:05			3:43:11
390	Morgan	Kyle	Team Chardonnay 1	Delta	BC	2F	38	0:51:13	1:10:07	1:46:02	3:47:22				3:47:22
390	Joan	Stock	Team Chardonnay 1	Delta	BC	2F	34	0:51:13	1:10:07	1:46:02	3:47:22				3:47:22
391	Marina	Watson	Team Chardonnay 2	Delta	BC	2F	37	0:51:13	1:09:55	1:46:14	3:47:22				3:47:22
391	Monique	Lizee	Team Chardonnay 2	Delta	BC	2F	42	0:51:13	1:09:55	1:46:14	3:47:22				3:47:22
383	Cynthia	Stahl	Dubl Illis	Lund	BC	2F	35	0:44:10	1:09:46	1:54:16	3:48:12				3:48:12
383	Sneeta	Takhar	Dubl Illis	Lund	BC	2F	32	0:44:10	1:09:46	1:54:16	3:48:12				3:48:12
498	Su Eng	Liaw	Team Kermit	Vancouver	BC	4F	31	0:56:34	1:05:01	1:49:05	3:50:40				3:50:40
498	Lisa	Chong	Team Kermit	Vancouver	BC	4F	35	0:56:34	1:05:01	1:49:05	3:50:40				3:50:40
498	Sylvia	Coleman	Team Kermit	Vancouver	BC	4F	33	0:56:34	1:05:01	1:49:05	3:50:40				3:50:40
498	Janet	Shaw	Team Kermit	Surrey	BC	4F	30	0:56:34	1:05:01	1:49:05	3:50:40				3:50:40
368	Margit	McGrath	Team le	Vancouver	BC	2F	33	0:48:31	1:13:27	1:49:15	3:51:13				3:51:13
368	Ailsa	Le May	Team le	Vancouver	BC	2F	35	0:48:31	1:13:27	1:49:15	3:51:13				3:51:13
386	Patricia	Tong	Las Chicas Locas	Calgary	BC	2F	30	0:45:03	1:07:55	1:59:47	3:52:45				3:52:45
386	Erin	Thompson	Las Chicas Locas	Courtenay	BC	2F	31	0:45:03	1:07:55	1:59:47	3:52:45				3:52:45
399	David	Epp	Team Sloth	Abbotsford	BC	2M	27	0:47:19	1:11:19	1:54:25	3:53:03				3:53:03
399	Graham	Butler	Team Sloth	Langley	BC	2M	27	0:47:19	1:11:19	1:54:25	3:53:03				3:53:03
396	Kathy	Campbell	Tiny but Tough	Courtenay	BC	2F	41	0:48:21	1:19:40	2:04:59	4:13:00				4:13:00
396	Michele	Sirett	Tiny but Tough	Courtenay	BC	2F	42	0:48:21	1:19:40	2:04:59	4:13:00				4:13:00
370	Karla	Kuharic	4 NON BLONDES	Mesachie Lake	BC	2F	26	0:47:50	1:44:05	1:47:41	4:19:36				4:19:36
370	Kaleema	Khan	4 NON BLONDES	Lake Cowichan	BC	2F	28	0:47:50	1:44:05	1:47:41	4:19:36				4:19:36
493	Leah	Cavanaugh	Odd Man out	Sooke	BC	4C	27	0:47:02	1:11:52	2:21:51	4:20:45				4:20:45
493	Chelsea	Whittet	Odd Man out	Surrey	BC	4C	26	0:47:02	1:11:52	2:21:51	4:20:45				4:20:45
493	Matthew	Cormie	Odd Man out	Victoria	BC	4C	29	0:47:02	1:11:52	2:21:51	4:20:45				4:20:45
493	Sheri	Luzzi	Odd Man out	Victoria	BC	4C	28	0:47:02	1:11:52	2:21:51	4:20:45				4:20:45
397	Sarah	Somerville	Warrior Princesses	New West	BC	2F	29	0:46:42	1:28:40	2:09:05	4:24:27	0:05			4:29:27
397	Claire	Yeung	Warrior Princesses	Vancouver	BC	2F	40	0:46:42	1:28:40	2:09:05	4:24:27	0:05			4:29:27
375	Deanne	Garside	Garsides From The Farside	Duncan	BC	2C	24	0:38:50	0:51:55	3:20:16	4:51:01				4:51:01
375	Mark	Garside	Garsides From The Farside	Duncan	BC	2C	22	0:38:50	0:51:55	3:20:16	4:51:01				4:51:01
381	Marlies	Kerpan	Will and Grace	Victoria	BC	2C	33	0:46:16	1:47:04	2:32:11	5:05:31				5:05:31
381	Brian	Pridham	Will and Grace	Victoria	BC	2C	43	0:46:16	1:47:04	2:32:11	5:05:31				5:05:31
495	Matt	Wood	The Lovelies	Vancouver	BC	4C	29	0:54:58	1:17:52	2:54:28	5:07:18				5:07:18
495	Claire	Samyca	The Lovelies	Vancouver	BC	4C	30	0:54:58	1:17:52	2:54:28	5:07:18				5:07:18
495	Mike	Goerzen	The Lovelies	Abbotsford	BC	4C	30	0:54:58	1:17:52	2:54:28	5:07:18				5:07:18
495	Gillian	Stiles	The Lovelies	Port Moody	BC	4C	24	0:54:58	1:17:52	2:54:28	5:07:18				5:07:18
393	Mary	Hewitt	Team Jellybean	Vancouver	BC	2F	31	0:49:33	1:26:08	2:51:59	5:07:40	0:05			5:12:40
393	Summer	Pearson	Team Jellybean	Vancouver	BC	2F	25	0:49:33	1:26:08	2:51:59	5:07:40	0:05			5:12:40