

# FINAL RESULTS

## MIND OVER MOUNTAIN ADVENTURE RACE

MAY 8, 2004 in DUNCAN, BC

Team#	Team Name	Cat	Team Members (home)	Kayak	Beach Run	M.Bike	Trek	Finish Time	Pen#1 - Gear	Pen#2 - Quiz	Final Time Adjusted	Cat Place	Overall Place
20	Solo	1M	Dave Norona (North Vancouver, BC)	0:48:13	0:10:32	1:23:34	1:39:19	<b>4:01:38</b>		0:03:00	<b>4:04:38</b>	1/29	1/74
1	Solo	1F	Annie Kvick (North Vancouver, BC)	0:54:14	0:12:16	1:33:09	1:47:15	<b>4:26:54</b>	0:00:00	0:00:00	<b>4:26:54</b>	1/3	2/74
3	Frontrunners	1M	Sean Lunny (Nanaimo, BC)	0:52:35	0:10:08	1:21:47	2:04:41	<b>4:29:11</b>		0:00:00	<b>4:29:11</b>	2/29	3/74
214	Frontrunners	2M	Sean Crookshank (Victoria, BC), Norm Thibault (Nanaimo, BC)	0:55:46	0:10:26	1:22:49	1:59:46	<b>4:28:47</b>		0:06:00	<b>4:34:47</b>	1/12	4/74
24	Solo	1M	Jason Sandquist (Duncan, BC)	0:57:43	0:10:57	1:27:42	1:52:31	<b>4:28:53</b>		0:06:00	<b>4:34:53</b>	3/29	5/74
28	Team England	1M	Rick Martin (Vancouver, BC)	0:55:19	0:10:56	1:29:35	1:53:32	<b>4:29:22</b>		0:06:00	<b>4:35:22</b>	4/29	6/74
5	Shore Events	1M	Richard Juryn (North Vancouver, BC)	1:02:16	0:13:09	1:35:03	1:51:03	<b>4:41:31</b>		0:00:00	<b>4:41:31</b>	5/29	7/74
12	Solo	1M	Ron Grant (Shawnigan Lake, BC)	0:55:09	0:11:18	1:29:17	2:02:56	<b>4:38:40</b>		0:03:00	<b>4:41:40</b>	6/29	8/74
2	Solo	1F	Claire Townsend (Victoria, BC)	1:05:39	0:12:50	1:34:54	1:47:51	<b>4:41:14</b>	0:00:00	0:03:00	<b>4:44:14</b>	2/3	9/74
21	Solo	1M	Christian Pillar (Victoria, BC)	1:00:35	0:11:03	1:48:22	1:43:41	<b>4:43:41</b>		0:06:00	<b>4:49:41</b>	7/29	10/74
418	The Gingerbread Men	4M	Rick Fawkes (Port McNeill), Chris Clements (Campbell River), Wade Anderson (Campbell River), Blair Koel (Port McNeill)	0:57:46	0:11:55	1:47:13	1:54:45	<b>4:51:39</b>		0:06:00	<b>4:57:39</b>	1/5	11/74
14	Solo	1M	Bart Jarmula (Port Moody, BC)	0:55:43	0:11:57	1:43:28	2:00:52	<b>4:52:00</b>		0:06:00	<b>4:58:00</b>	8/29	12/74
29	Solo	1M	Dave Kvick (North Vancouver, BC)	0:51:37	0:10:23	1:35:30	2:14:50	<b>4:52:20</b>		0:09:00	<b>5:01:20</b>	9/29	13/74
11	Solo	1M	Jamie Gauthier (Nanaimo, BC)	1:03:02	0:11:58	1:43:27	2:00:41	<b>4:59:08</b>		0:06:00	<b>5:05:08</b>	10/29	14/74
18	Solo	1M	Roger MacLeod (Victoria, BC)	0:58:24	0:11:33	1:46:14	2:07:08	<b>5:03:19</b>		0:06:00	<b>5:09:19</b>	11/29	15/74
23	Solo	1M	Sasan Salari (W. Vancouver, BC)	0:54:31	0:13:23	1:50:28	2:08:05	<b>5:06:27</b>		0:06:00	<b>5:12:27</b>	12/29	16/74
407	Team Spirit	4C	Chris Koch (Kamloops), Doug Doyle (Victoria), Elsa Dahlie (Kamloops), Darin Nevin (North Vancouver)	0:51:31	0:11:47	1:45:45	2:17:45	<b>5:06:48</b>		0:06:00	<b>5:12:48</b>	1/12	17/74
9	Solo	1M	Theo Dombrowski (Victoria, BC)	0:51:49	0:12:56	2:11:39	1:55:59	<b>5:12:23</b>		0:03:00	<b>5:15:23</b>	13/29	18/74
13	Solo	1M	Bill Hingley (Sidney, BC)	0:52:00	0:13:40	1:52:40	2:14:20	<b>5:12:40</b>		0:03:00	<b>5:15:40</b>	14/29	19/74
16	Solo	1M	Steve Knoke (Victoria, BC)	0:56:52	0:11:03	1:54:43	2:07:50	<b>5:10:28</b>		0:06:00	<b>5:16:28</b>	15/29	20/74
220	Team Pitre Dish	2M	Greg Pitre (Victoria, BC), Andrew Pitre (Victoria, BC)	0:58:20	0:12:24	1:49:03	2:10:41	<b>5:10:28</b>		0:06:00	<b>5:16:28</b>	2/12	21/74
22	Solo	1M	Adrian Rothwell (Kimberley, BC)	0:59:29	0:10:06	1:41:24	2:25:13	<b>5:16:12</b>		0:06:00	<b>5:22:12</b>	16/29	22/74
216	Helly Hansen 1	2C	Denis Fontaine (North Vancouver, BC), Cheryl Beatty (North Vancouver, BC)	0:50:06	0:13:10	1:47:03	2:25:54	<b>5:16:13</b>		0:06:00	<b>5:22:13</b>	1/8	23/74
401	Age B4 Beauty	4C	Trina Bay (Courtenay), John Wall (Comox), Tony Madsen (Comox), Jack Campbell (Courtenay)	0:58:30	0:14:19	2:00:09	2:07:24	<b>5:20:22</b>		0:06:00	<b>5:26:22</b>	2/12	24/74
412	Where's My Sherpa	4C	Michelle Steel (Ladysmith), Shawn O'Toole (Ladysmith), Randy Steel (Ladysmith), Gord Horth (Ladysmith)	0:59:13	0:13:07	2:04:03	2:07:43	<b>5:24:06</b>		0:06:00	<b>5:30:06</b>	3/12	25/74
223	White Chocolate	2M	Duncan Barber (Vancouver, BC), Kavie Toor (Vancouver, BC)	0:56:36	0:12:13	2:05:23	2:22:06	<b>5:36:18</b>		0:06:00	<b>5:42:18</b>	3/12	26/74

Team#	Team Name	Cat	Team Members (home)	Kayak	Beach Run	M.Bike	Trek	Finish Time	Pen#1 - Gear	Pen#2 - Quiz	Final Time Adjusted	Cat Place	Overall Place
217	Phat, N Dirty	2M	Tim Logie (Vancouver, BC), Bill Logie (Toronto, Ont)	1:02:40	0:11:33	2:05:25	2:20:18	5:39:56		0:06:00	5:45:56	4/12	27/74
32	Solo	1M	Andy Quinn (Courtenay)	1:01:42	0:13:38	1:55:23	2:31:29	5:42:12		0:06:00	5:48:12	17/29	28/74
224	Team Bowmel	2M	Todd Blumell (Duncan, BC), James Mackay (Duncan)	1:00:18	0:13:52	2:15:20	2:20:07	5:49:37		0:03:00	5:52:37	5/12	29/74
410	The Bushwackers	4C	Joanna Crowe (Mill Bay), Jim Brandsma (Mill Bay), David Crowe (Mill Bay), Dave Ferguson (Campbell River)	1:01:21	0:14:10	2:15:25	2:16:26	5:47:22		0:06:00	5:53:22	4/12	30/74
415	SOL	4M	Aaron Parrotta (Duncan), Wes White (Duncan), Garron Gabrielle (Duncan), Martin Middleton (Duncan)	0:52:13	0:13:01	2:01:43	2:43:57	5:50:54		0:03:00	5:53:54	2/5	31/74
15	Solo	1M	Vince Kaster (DuPont, WA)	1:00:18	0:12:53	2:03:39	2:34:31	5:51:21		0:03:00	5:54:21	18/29	32/74
4	Hung Over	1M	Eric Hung (North Vancouver, BC)	0:55:12	0:13:20	1:58:41	2:42:15	5:49:28		0:06:00	5:55:28	19/29	33/74
411	Tzo Cru	4M	Matt Thornley (Duncan), Graeme Blackstock (Crofton), Robin Kenyon (Duncan), Bruce Muir (Duncan)	0:53:53	0:15:34	1:58:45	2:51:04	5:59:16		0:06:00	6:05:16	3/5	34/74
205	Team U-Rina-Ted	2C	Ted Labbe (Kingston, WA), Rina Hauptfeld (Port Townsend, WA)	1:04:52	0:12:46	2:23:05	2:26:25	6:07:08		0:06:00	6:13:08	2/8	35/74
215	Goo-E-Ducks	2M	Ken Bragg (Vancouver, BC), Kris Bauchman (Campbell River, BC)	0:55:46	0:15:32	2:13:25	2:42:25	6:07:08		0:06:00	6:13:08	6/12	36/74
416	Team Northshore Fire	4M	Brian Gilbert (Mount Vernon), Brian Ford (Federal Way), Eric Magnuson (Mount Vernon), Mike Morris (Kirkland)	0:54:47	0:14:16	2:34:23	2:29:53	6:13:19		0:00:00	6:13:19	4/5	37/74
211	Eco-Challenged	2M	Doug Caul (Victoria, BC), Tom Lee (Victoria, BC)	0:58:26	0:13:17	2:15:20	2:42:22	6:09:25		0:06:00	6:15:25	7/12	38/74
212	Frenchy and Furry	2M	J.F. Bureau (Victoria, BC), Ron McClintock (Duncan, BC)	0:51:55	0:13:11	2:21:22	2:43:04	6:09:32		0:06:00	6:15:32	8/12	39/74
213	From the Land of Anne	2M	Brent Chan (Saanichton, BC), Pat Chan (Cornwall, PEI)	0:56:43	0:14:41	2:33:54	2:28:36	6:13:54		0:06:00	6:19:54	9/12	40/74
406	Team IQS	4C	Lisa Polizzi (Vancouver), Adam Best (North Vancouver), Brian Lane (Vancouver), Richard Vurdela (New Westminster)	1:05:20	0:14:19	2:14:27	2:43:36	6:17:42		0:03:00	6:20:42	5/12	41/74
405	Mr Clean & the Dirty Girlz	4C	Christie Diamond (Cobble Hill), Carrie deBoer (Victoria), Lindsay Akhurst (Duncan), Craig deBoer (Victoria)	1:05:22	0:15:27	2:23:34	2:32:43	6:17:06		0:06:00	6:23:06	6/12	42/74
207	2-BAD-A	2F	Naomi Tabata-Mark (Port Moody, BC), Amy Tabata (Nanaimo, BC)	0:50:21	0:15:36	2:27:48	2:44:12	6:17:57		0:06:00	6:23:57	1/5	43/74
210	Tripping Daisies	2F	Jen Heard (Victoria, BC), Marcy Bennett (Victoria, BC)	1:03:02	0:14:12	2:09:11	2:57:08	6:23:33		0:03:00	6:26:33	2/5	44/74
219	Team Bush Wackers	2M	Craig Frost (Campbell River, BC), Guy Morum (Squamish, BC)	0:56:38	0:14:07	2:03:37	3:07:00	6:21:22		0:06:00	6:27:22	10/12	45/74
27	Solo	1M	Jason Yohemas (Victoria, BC)	1:04:41	0:13:45	2:24:13	2:42:17	6:24:56		0:03:00	6:27:56	20/29	46/74
8	Solo	1M	Ken Champoux (Victoria, BC)	1:03:51	0:16:10	2:24:52	2:40:03	6:24:56		0:06:00	6:30:56	21/29	47/74
17	Solo	1M	Justin Lee (Victoria, BC)	1:07:11	0:13:22	2:20:21	2:44:02	6:24:56		0:06:00	6:30:56	22/29	48/74
204	Team SISU	2C	Dave Richardson (North Vancouver, BC), Lisa Nillson (North Vancouver, BC)	0:57:23	0:13:53	2:30:02	2:51:13	6:32:31		0:03:00	6:35:31	3/8	49/74
19	Solo	1M	Chris Mussell (New Westminster, BC)	1:03:18	0:16:26	2:28:20	2:54:38	6:42:42		0:03:00	6:45:42	23/29	50/74
417	Team, there is no spoon	4M	Rob Rose (Duncan), Tate Rose (Duncan), David McCarthy (Mill Bay), Nick Yaremchuck (Mill Bay)	0:58:00	0:13:31	2:36:44	2:53:45	6:42:00		0:06:00	6:48:00	5/5	51/74
408	Tean NRGH	4C	Kathleen Petereit (nanaimo), Brent Carson (nanaimo), Dave Ellis (nanaimo), Peter King (nanaimo)	1:00:36	0:14:54	2:41:14	2:50:03	6:46:47		0:06:00	6:52:47	7/12	52/74
10	Solo	1M	Mike Flescher (Nanaimo, BC)	1:02:30	0:12:58	2:37:02	2:52:45	6:45:15		0:09:00	6:54:15	24/29	53/74

Team#	Team Name	Cat	Team Members (home)	Kayak	Beach Run	M.Bike	Trek	Finish Time	Pen#1 - Gear	Pen#2 - Quiz	Final Time Adjusted	Cat Place	Overall Place
404	Hang-over-Mountain	4C	Lorraine Russell (Victoria), John Briant (North Vancouver), John Darbyshire (Victoria), Greg Wills (Victoria)	1:05:10	0:15:37	2:45:19	2:52:29	6:58:35		0:00:00	6:58:35	8/12	54/74
202	Running With Scissors	2C	Jane London (Victoria, BC), Russ Taggart (Victoria, BC)	1:06:46	0:16:09	2:54:38	2:39:37	6:57:10		0:06:00	7:03:10	4/8	55/74
7	Solo	1M	Ron Burleson (Victoria, BC)	1:12:23	0:14:12	2:42:23	2:49:08	6:58:06		0:06:00	7:04:06	25/29	56/74
6	Solo	1M	Wayne Bamford (Shawnigan Lake, BC)	1:12:34	0:15:11	2:37:45	2:53:21	6:58:51		0:06:00	7:04:51	26/29	57/74
400	4 Working Stiffs Out 4 Fun	4C	Susie Flynn (Victoria), Cathy Ball (North Saanich), Dave Bukovec (North Saanich), Pat Chambers (Sidney)	1:00:18	0:17:07	2:55:24	2:51:05	7:03:54		0:06:00	7:09:54	9/12	58/74
218	Spin Doctors	2M	Kevin Franklin (Victoria, BC), Peter Christensen (Victoria, BC)	1:00:56	0:16:36	2:52:19	3:01:54	7:11:45		0:00:00	7:11:45	11/12	59/74
409	The Bassies	4C	Jessica White (Victoria), Paula Hesje (Victoria), Josh Newman (Victoria), Harri Grace (Victoria)	1:15:12	0:14:16	2:52:59	3:08:23	7:30:50		0:00:00	7:30:50	10/12	60/74
206	VO2MAX2	2C	Lyn Chorney (Campbell River, BC), Mia Thompson (Campbell River, BC)	1:00:59	0:13:27	2:44:18	3:26:19	7:25:03		0:06:00	7:31:03	5/8	61/74
203	Team Benton & Overbury	2C	Kirsten Lane (Sidney, BC), Bill Lane (Sidney, BC)	1:10:35	0:21:17	2:22:31	3:35:57	7:30:20		0:06:00	7:36:20	6/8	62/74
222	Van Houtte	2M	Michael Johnson (Victoria, BC), Clive Lawrence (Victoria, BC)	1:00:44	0:21:06	3:24:04	2:52:24	7:38:18		0:03:00	7:41:18	12/12	63/74
209	Lou'n'Lyn	2F	Lynette Keulen (Vancouver, BC), Louise Dekens (Vancouver, BC)	1:05:42	0:16:23	2:42:21	3:33:06	7:37:32		0:06:00	7:43:32	3/5	64/74
201	Pie Eyed Pipers	2C	Leslie Vieties (Victoria, BC), Eddie Vieties (Victoria, BC)	1:08:41	0:19:27	3:26:52	2:59:15	7:54:15		0:03:00	7:57:15	7/8	65/74
403	Darkglobe	4C	Janna Swales (Vancouver), Andrea Jung (Vancouver), Gerry Chicalo (Vancouver), Kelly Gault (Vancouver)	1:14:54	0:15:30	2:54:57	3:28:26	7:53:47		0:06:00	7:59:47	11/12	66/74
31	Solo	1F	Renee Black (Vancouver)	1:11:01	0:17:39	3:05:20	3:22:56	7:56:56		0:06:00	8:02:56	3/3	67/74
208	2crazeez	2F	Liana Gabert (Vancouver, BC), Lisa Chong (North Vancouver, BC)	1:11:30	0:16:24	2:46:19	4:03:15	8:17:28		0:06:00	8:23:28	4/5	68/74
402	Bike Me	4C	Sue Bradley (Port Alberni), Reyna Waller (Port Alberni), Bruce Edwards (Port Alberni), Wil Lim (Port Alberni)	1:11:15	0:19:15	3:14:42	3:37:47	8:22:59		0:06:00	8:28:59	12/12	69/74
30	Solo	1M	Rumon Carter (Nanaimo)	0:56:09	0:09:51	1:30:13					DNF - injury	DNF	DNF
26	Solo	1M	Mark Walker (Kimberley, BC)	1:08:22	0:13:59	2:26:26					DNF - pulled out	DNF	DNF
200	Code Red	2C	Tara Miller (Campbell River, BC), Darcy McKenna (Campbell River, BC)	1:11:37	0:15:32	2:57:24				0:06:00	DNF	DNF	DNF
225	Her-icanes	2F	Catherine Hamilton (Victoria, BC), Alison Keple (Duncan, BC)	1:06:50	0:19:17	2:58:39					DNF - drop out	DNF	DNF
25	Solo	1M	Daniel Stelck (Edmonton, AB)	1:01:53	0:13:38						DNF lost map	DNF	DNF